

Butterfly Nectar Sources

The prettiest insect of them all, butterflies are always a welcome addition to the garden. By providing a safe, sunny environment for your butterflies with flowers full of nectar, they will be content to hang out with you all summer long. These pollinators are not only beneficial to our garden, but they are a joy to watch!

Butterflies will be content as long as they have their favorite flowers - whether you have space for a butterfly garden or simply create a butterfly friendly area with containers. Butterflies love nectar and pollen-rich plants, such as wildflowers, to feed from. Native plants are some of the best ones to attract local butterflies to your yard. In a sunny spot, plant a variety of colors of flowers that are tubular or cup-shaped and enjoy the slow flutters and brilliantly patterned wings of butterflies.

Annuals:

Alyssum
Ageratum
Cosmos
Dahlia
Dianthus
Heliotrope
Lantana
Lobularia
Marigold
Nicotiana
Pentas
Petunia
Portulaca
Salvia
Statice
Verbena
Zinnia

Herbs:

Lavender
Mint
Rosemary

Perennials:

Allium
Aster
Bee Balm (Monarda)
Butterfly Weed
Centranthus (Red Valerian)
Coneflower (Echinacea)
Coreopsis
Daylily
Gaillardia
Goldenrod
Hollyhock
Joe Pye Weed
Liatris
Lily
Nepeta (Catmint)
Obedient Plant (Physostegia)
Phlox
Rudbeckia (Black Eyed Susan)
Salvia
Sedum
Shasta Daisy
Veronica
Yarrow (Achillea)

